

EMPLOYEE ASSISTANCE PROGRAM



Office of
Employee Relations
Work-Life Services

SUNY Canton EAP

French Hall 143
315-386-7404

eapcoordinator@canton.edu

ABOUT EAP

EAP is a voluntary, confidential assessment and referral program that provides services as employees request. EAP is a benefit offered to you and your family members. It is a voluntary program designed to provide a highly professional, confidential source of help for people who need assistance with personal problems or concerns.

WHO PROVIDES SERVICES:

EAP Coordinators are specially trained to help NYS employees and their families. They understand the unique culture of their agencies and public service and have in-depth knowledge of local community resources.

CONFIDENTIALITY

Confidentiality is paramount. The only exceptions are:

- When information is required by law
- When a person is likely to harm themselves or others
- When a workplace rule is broken

COORDINATORS CAN HELP:

Provide information, assessment & referral services for employees and their families:

- Address problems in the workplace
- Cope with grief or loss
- Navigate family, marital, parenting, and relationship issues
- Find child or elder care
- Resolve financial or legal concerns
- Improve overall wellness
- and much more

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EAP COMMITTEE

The EAP Committee promotes and oversees the delivery of EAP services to employees and develops initiatives and programs to improve the well-being of employees, employee morale, and productivity in the workplace.

EAP COMMITTEE

- Amber Baines
- Jamie Burgess
- Nichole Fullerton
- Farren Lobdell
- Janet Parcel
- Amanda Rowley
- Tyler Thomas
- Laura Todd
- Lenore VanderZee
- Sandy Walker

EAP COORDINATORS:

Kristen Roberts
Coordinator since 2019
Email: roberts@canton.edu

R.J. Thayer
Coordinator since 2023
Email: mattimorer@canton.edu

ADDITIONAL RESOURCE

If you prefer to contact a Coordinator at another state agency, call:
1-800-822-0244 (available 24/7)
or visit: <https://oer.ny.gov/eap>

