

Davis Health Center

International Student Health History, Immunization and Physical Exam Form

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DUE DATES: Fall Semester <u>AUGUST 1<sup>ST</sup></u> Spring Semester <u>JANUARY 1<sup>ST</sup></u>

This Form includes the New York State Mandatory College Requirements All information is confidential

ALL FIELDS ON THIS FORM WITH AN ASTERISK (\*) ARE REQUIRED AND NEED TO BE COMPLETED ENTIRELY.

	*Student Inf	<u>ormation</u>				
Print Name (First, Middle Ini	tial, Last):		Student ID #:			
Preferred Name:	Preferre	ed Pronouns:				
Date of Birth:	Phone Number (Home):(	)	_Cell:()			
Home Address:Stree	t City	State	Zip			
		Siate	Ζιρ			
Email Address:SUN	Y Canton email		Personal Email			
Entering Term: ☐ Fall ☐ Spri	ng <i>Year:Program/M</i>	ajor Entering:				
	*Emergency Conta	act Information				
Print Name (First, Last):		Relationship:				
Home Phone:()	Cell Phone:()	Work Ph	none:(			
	Current Health Care P	rovider Informat	tion_			
Name & Title of Provider:		Phone:()				
Address:						
Clinic/Facility						
Street, City, State, Zip						
· ·	•		Health History, and Physical Exam)			
	Davis Health Center Office Use Only:					
Received by:	Reviewed by <u>:</u>	Scanned by:_				

1st/	TETANUS/DIPHTHERIA/PERTUSSIS (circle one):  Tdap, Boostrix, Adacel or Td (if past hx of Tdap after age 11) (in last ten years)://
Results:  Positive  Negative HEALTH CARE PROVIDER SIGNATURE REQUIRES	RED: (LPN, RN, NP, PA, MD/DO) Date:
Iame, Title: Sign	
ddress:	Phone:

Student Name:

DOB:\_\_\_\_\_

Student Name:	Jame: DOB:				
	PART II	I - PERSONAL HISTO	ORY:		
Check if you have ever had or ar			<del>/                                    </del>		
□ Alcohol/Substance Abuse □ Asthma □ Back Trouble □ Blood Disorder (i.e. Sick Cell) □ Congenital or other heart Problems  Please explain any checked boxes (	le	□ Diabetes □ Disabling Condition □ Eating Disorder □ Anxiety/Depression/Other □ Mental Health Disorder □ Epilepsy/Seizure Disorder □ Head injury/Concussion s, medications, etc.)	☐ Thyroid Disease		
	): ☐ Cigarettes ☐ Cigar	rs □ Snuff or Chew □ E-Ci	ig or Vape		
Allergies (List all drug, food, and o	other allergies?   No	Yes (If Yes, please list with t	the type of reaction):		
		culosis, mental illness, other:  CAL EXAM: ***REQ	QUIRED***		
	ART III - PHYSIC	CAL EXAM: ***REQ	QUIRED***		
<u>P</u>	PART III - PHYSIC	CAL EXAM: ***REQ	QUIRED***  HEIGHT:		
AGE: SEX:	PART III - PHYSIC	CAL EXAM: ***REQ	QUIRED***  HEIGHT:		
AGE: SEX: VISION FAR: R: 20/	PART III - PHYSIC  B/P:  L: 20/	CAL EXAM: ***REC  WEIGHT:  without cor	QUIRED***  HEIGHT:  rrection		
AGE: SEX: VISION FAR: R: 20/ PHYSICAL EXAM	PART III - PHYSIC  B/P:  L: 20/	CAL EXAM: ***REC  WEIGHT:  without cor	QUIRED***  HEIGHT:  rrection		
AGE: SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE	PART III - PHYSIC  B/P:  L: 20/	CAL EXAM: ***REC  WEIGHT:  without cor	QUIRED***  HEIGHT:  rrection		
AGE: SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE 2. SKIN	PART III - PHYSIC  B/P:  L: 20/	CAL EXAM: ***REC  WEIGHT:  without cor	QUIRED***  HEIGHT:  rrection		
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AGE: SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE 2. SKIN 3. HEENT 4. NECK 5. LUNGS	PART III - PHYSIC  B/P:  L: 20/	CAL EXAM: ***REC  WEIGHT:  without cor	QUIRED***  HEIGHT:  rrection		
AGE: SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE 2. SKIN 3. HEENT 4. NECK 5. LUNGS 6. HEART	PART III - PHYSIC  B/P:  L: 20/	CAL EXAM: ***REC  WEIGHT:  without cor	QUIRED***  HEIGHT:  rrection		
AGE: SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE 2. SKIN 3. HEENT 4. NECK 5. LUNGS 6. HEART 7. ABDOMEN	PART III - PHYSIC  B/P:  L: 20/	CAL EXAM: ***REC  WEIGHT:  without cor	QUIRED***  HEIGHT:  rrection		
AGE: SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE 2. SKIN 3. HEENT 4. NECK 5. LUNGS 6. HEART 7. ABDOMEN 8. MUSCULOSKELATAL 9. PSYCHIATRIC *Is this student able to participate	B/P: L: 20/ NORMAL  in all physical activity in	WEIGHT:  WEIGHT:  WITHOUT COT  ABNORMAL	HEIGHT: rrection		
AGE:SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE 2. SKIN 3. HEENT 4. NECK 5. LUNGS 6. HEART 7. ABDOMEN 8. MUSCULOSKELATAL 9. PSYCHIATRIC	B/P: L: 20/ NORMAL  in all physical activity in	WEIGHT:  without cor ABNORMAL  ncluding sports?   Yes	HEIGHT: rrection		
AGE:SEX: VISION FAR: R: 20/ PHYSICAL EXAM  1. GENERAL APPEARANCE  2. SKIN  3. HEENT  4. NECK  5. LUNGS  6. HEART  7. ABDOMEN  8. MUSCULOSKELATAL  9. PSYCHIATRIC  *Is this student able to participate If No, what activities are to be eliminated?	B/P: L: 20/ NORMAL  in all physical activity in	WEIGHT:  without cor ABNORMAL  ncluding sports?   Yes	PUIRED***  HEIGHT:  Trection		

## **Additional Information Regarding your Health Requirements**

## \*\*\*New York State Mandatory Immunization Requirements\*\*\*

#### MMR (Measles, Mumps, and Rubella):

New York State PHL Section 2165 requires students attending post-secondary institutions who were born on or after January 1, 1957 and registered for 6 or more credit hours to demonstrate proof of immunity against measles, mumps, and rubella.

Proof of immunity for MMR consists of:

- Measles Must document two doses of live measles vaccine, OR a measles (rubeola) titer showing immunity.
- Mumps Must document one dose of live mumps vaccine, OR a mumps titer showing immunity.
- **Rubella** Must document one dose of live rubella vaccine, OR a rubella titer showing immunity.

## **Meningitis:**

New York State PHL Section 2167 requires post-secondary institutions to distribute information about meningococcal disease and immunization to the students (or parents or guardians of students under the age of 18) accompanied by a response form. Acceptable documentation includes any of the following:

• A vaccine record indicating at least 1 dose of meningococcal ACWY vaccine OR 2 doses of Meningococcal B vaccine within 5 years of admission;

#### OR:

• A signed Meningitis Response Form indicating that the student will not obtain immunization against meningococcal disease.

\*If the student has not received meningococcal vaccine within 5 years of admission date, then they **must** submit the signed response form.

## **Tuberculosis Screening**

Tuberculin skin test <u>OR</u> Quantiferon Gold-TB blood test. This is to determine previous exposure to tuberculosis. This test is required for high-risk students as defined by the Centers for Disease Control and Prevention. For more information, please refer to the CDC Web site at <u>www.cdc.gov</u>. Two doses of PPD Mantoux testing given at least one week apart is REQUIRED for the following curriculums: Nursing, Physical Therapist Assistant (PTA), and Health and Fitness Promotion (HEFI). Only one PPD test is REQUIRED for Early Childhood.

# **Recommended Immunizations**

## **Hepatitis B**

Series of three doses given prior to college entry is strongly suggested for all college students. It is REQUIRED that Nursing, PTA, HEFI, and Early Childhood students show proof of Hep B vaccines or sign a declination/waiver form.

## Varicella Vaccine (chickenpox)

Must document two doses of varicella vaccine *OR* a varicella titer showing proof of immunity. Stated history or even documentation by a medical provider of a history of varicella will not be acceptable proof of immunity. *Note: Varicella is REQUIRED for Nursing, PTA, HEFI, and Early Childhood students.* 

## **Tetanus, Diphtheria, and Pertussis**

After primary series of tetanus, diphtheria and pertussis, one dose of Tetanus toxoid, reduced diphtheria, and acellur pertussis (Tdap) vaccine is recommended after age 11 and a subsequent Td booster every 10 years. *Note: Nursing, PTA, HEFI, and Early Childhood students are REQUIRED to have proof of Tdap vaccine after age 11 and a subsequent Td booster every 10 years*.

#### COVID-19

SUNY policy adopts the State of New York directive that public colleges and universities recommend that all students who intend to engage in-person at a SUNY campus or facility receive a COVID-19 vaccination. People are not considered fully vaccinated until 2 weeks after their second dose of the Pfizer-BioNTech or Moderna COVID-19 vaccine, or 2 weeks after a single-dose of Johnson & Johnson's Janssen COVID-19 vaccine.

## **Meningitis Information Sheet**

The MenACWY vaccine is recommended for all U.S. teenagers and young adults up to age 21 years. Protection from the MenACWY vaccine is estimated to last about 3 to 5 years, so young adults who received the MenACWY vaccine before their 16<sup>th</sup> birthday should get a booster dose before entering college. The meningococcal B (MenB) vaccine protects against a fifth type of meningococcal disease, which accounts for about one-third of cases in the U.S. Young adults aged 16 through 23 years may choose to receive the MenB vaccine series.

## What is meningococcal disease?

Meningococcal disease is caused by bacteria called *Neisseria meningitidis*. It can lead to serious blood infections. When the linings of the brain and spinal cord become inflamed, it is called meningitis. The disease strikes quickly and can have serious complications including death. Anyone can get meningococcal disease. Some people are at higher risk. This disease occurs more often in people who are:

- Infants younger than one year of age and teenagers or young adults
- Living in crowded settings like college dormitories or military barracks
- Traveling to areas outside of the United States, such as the "meningitis belt" in Africa
- Living with a damaged spleen or no spleen
- Being treated with Soliris® or who have complement component deficiency (an inherited immune disorder)
- Exposed during an outbreak

## What are the symptoms?

Symptoms appear suddenly – usually 3 to 4 days after a person is infected. It can take up to 10 days to develop symptoms. Symptoms may include:

- Weakness and feeling very ill, sudden high fever, Eyes sensitive to light
- Headache and Stiff neck (meningitis)
- Nausea and vomiting
- Red-purple skin rash

## How is meningococcal disease spread?

It spreads from person-to-person by coughing or coming into close or lengthy contact with someone who is sick or who carries the bacteria. Contact includes kissing, sharing drinks, or living together. Up to one in 10 people carry meningococcal bacteria in their nose or throat without getting sick.

#### Is there treatment? Early diagnosis of meningococcal disease is very important.

If it is caught early, meningococcal disease can be treated with antibiotics. But, sometimes the infection has caused too much damage for antibiotics to prevent death or serious long-term problems. Most people need to be cared for in a hospital due to serious, life-threatening infections.

## What are the complications?

Ten to 15 percent of those who get meningococcal disease die. Among survivors, as many as one in five will have permanent disabilities. Complications include hearing loss, brain damage, kidney damage and limb amputations.

#### What should I do if I or someone I love is exposed?

If you are in close contact with a person with meningococcal disease, talk with your health care provider about the risk to you and your family. They can prescribe an antibiotic to prevent the disease.

#### What is the best way to prevent meningococcal disease?

The single best way to prevent this disease is to be vaccinated. Vaccines are available for people 6 weeks of age and older. Various vaccines offer protection against the five major strains of bacteria that cause meningococcal disease:

- All teenagers should receive two doses of vaccine against strains A, C, W and Y. The first dose is given at 11 to 12 years of age and the second dose (booster) at age 16. It is very important that teens receive the booster dose at age 16 in order to protect them through the years when they are at greatest risk of meningococcal disease. Talk to your health care provider today if your teen has not received two doses of vaccine against meningococcal A, C, W and Y.
- Teens and young adults can also be vaccinated against the "B" strain. Talk to your health care provider about whether they recommend vaccine against the "B" strain.
- Others who should receive the vaccine include: Infants, children and adults with certain medical conditions; People exposed during an outbreak; Travelers to the "meningitis belt" of Sub-Saharan Africa, and Military recruits.

### **Additional Information**

- Travel and meningococcal disease http://wwwnc.cdc.gov/travel/diseases/meningococcal-disease
- Learn more about meningococcal disease (cdc.gov) http://www.cdc.gov/meningococcal/
- More information about vaccine-preventable diseases http://www.health.ny.gov/prevention/immunization/