

International Student Health History, Immunization and Physical Exam Form

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DUE DATES: Fall Semester <u>AUGUST 1ST</u> Spring Semester <u>JANUARY 1ST</u>

This Form includes the New York State
Mandatory College Requirements
All information is confidential

ALL FIELDS ON THIS FORM WITH AN ASTERISK (*) ARE REUIRED AND NEED TO BE COMPLETED ENTIRELY

Failure to complete these requirements prior to arrival could result in substantial costs out of pocket for you as these requirements cannot be fulfilled by campus personnel and must be referred out. Additionally, you may be at risk for not being allowed to attend classes or access other services on campus until you are in full compliance with mandatory federal health and safety requirements.

	*Student Inf	<u>ormation</u>					
Print Name (First, Middle Init	_Student ID #:						
Preferred Name: Preferred Pronouns:							
Date of Birth:	Phone Number (Home):(Cell:()						
Home Address:Street	City	State	Zip				
Email Address:							
	*Emergency Conta	act Information					
Print Name (First, Last):							
Home Phone:()	Cell Phone:()	Work Ph	none:(
Current Health Care Provider Information							
Name & Title of Provider:	e & Title of Provider:Phone:()						
Address:Clinic/Facility							
Street, City, State, Zip							
Please continue this form and			Health History, and Physical Exam)				
Davis Health Center Office Use Only:							
Received by:	Reviewed by <u>:</u>	Scanned By:_					

PHL Section 2165 requires students attending post-seconda stered for 6 or more credit hours to demonstrate proof of imm	MENINGITIS REQUIREMENTS:		
stered for 6 or more credit hours to demonstrate proof of imm	my institutions who were born on or after Ianuam 1 1057 and		
• • •			
A COPY OF AN OFFICIAL IMMUNITATION DECOD	unity against measles, mumps, and rubella.		
A COLL OF AN OFFICIAL IMMUNIZATION RECUR	RD (I.E. HIGH SCHOOL RECORD) CAN BE ATTACHED.		
Required:			
MMR (2 doses, First one no more than 4 days before first			
birthday and at least 28 days apart)	December ded for AII stridents.		
1st / / 2nd / /	Recommended for ALL students:		
	◆ TETANUS/DIPHTHERIA/PERTUSSIS (circle		
DR: MEASIES 1st / Ond / /	one):		
MEASLES 1st//	Tdap, Boostrix, Adacel or Td (if past hx of Tdap after age 11) (in last ten years)://		
RUBELLA/ MUMPS/	COVID-19 (circle one):		
Mo Day Yr Mo Day Yr	Pfizer, Moderna, or Johnson & Johnson's		
MENINGITIS within 5 years of admission:			
Men ACWY Date:	1st//		
PR:			
2 Doses of MENINGITIS B within 5 years of admission	Booster// Mo_DayYr		
1st/	MO Day 11		
OR:	♦ HEPATITIS B:		
Completed Meningitis Response Form (see below)	1st/		
	Mo Day Yr Mo Day Yr		
Tb/PPD Mantoux:	$3^{\text{rd}} {\text{Mo}} {\text{Day}} {\text{Yr}}$		
Required for all students at high risk for TB. A second PPD	A titer proving immunity for each of the above is an acceptable		
Mantoux is required for health-related curriculums.	alternative to receiving the immunizations. A copy of the titer results		
1 PPD MANTOUX	is required. Please attach documentation to this form.		
Date Administered:	◆ VARICELLA (Chicken Pox):		
Date Read: mm □ Negative □ Positive	1st / / 2 nd / /		
□ PPD was positive, a chest x-ray is required. Attach report	Mo Day Yr Mo Day Yr		
DR:	A titer proving immunity for each of the above is an acceptable		
Quantiferon Gold-TB Test	alternative to receiving the immunizations. A copy of the titer results is required. Please attach documentation to this form.		
Date Of Test:	1		
Results: Positive Negative			
HEALTH CARE PROVIDER SIGNATURE REQUIR	ED: (LPN, RN, NP, PA, MD/DO) Date:		
Jame, Title: Sign:	ature:		
Address:			
(uu ess	1 none.		
COUDED Maninaitia Dagmanga Earras			
EQUIRED Meningitis Response Form:	ege six (6) credit hours or the equivalent per semester complete		
ningitis Response Form. More information can be found on the			
	ELOW, SIGN AND DATE		
CHECK ONE BOX B	e vaccine record is attached or has been verified above.		
CHECK ONE BOX Blave (or for students under the age of 18: My child has): had meningococcal immunization within 5 years of admission. The			
CHECK ONE BOX Blave (or for students under the age of 18: My child has): had meningococcal immunization within 5 years of admission. The decided that I (or my child) will NOT obtain immunization aga	ninst meningococcal meningitis disease at this time. I have read, or havitis disease. I understand the risks of not receiving the vaccine. I understand		
CHECK ONE BOX Blave (or for students under the age of 18: My child has): had meningococcal immunization within 5 years of admission. The decided that I (or my child) will NOT obtain immunization aga explained to me, the information regarding meningococcal mening	ainst meningococcal meningitis disease at this time. I have read, or have it is disease. I understand the risks of not receiving the vaccine. I understate available at my health care provider or local health department.		

Student Name:	t Name: DOB:					
		I - PERSONAL				
Check if you have ever had or are	currently being treat	ted for the following	g:			
☐ Alcohol/Substance Abuse		□ Diabetes		□ Intestinal Disease		
□ Asthma		□ Disabling Condition	on	□ Kidney Disease		
□ Back Trouble□ Blood Disorder (i.e. Sickle	☐ Eating Disorder☐ Anxiety/Depression/Oth		on/Other	☐ Marfan Syndrome☐ Orthopedic		
Cell)		☐ Mental Health Disorder		☐ Thyroid Disease		
☐ Congenital or other heart		□ Epilepsy/Seizure Disorder		☐ Tuberculosis or TB Contact		
Problems		☐ Head injury/Concussion		□ Other (Explain Below)		
Please explain any checked boxes (se	verity, dates, therapie	es, medications, etc.)) 			
Tobacco Use: ☐ Never ☐ Form	ner – Quit Date:		Current			
			☐ E-Cig or Vap	e 🗆 Hookah 🗆 Other:		
Surgeries and/or severe injuries (in	clude dates):					
Medications taken at present? □ No	□ Yes (If Yes, please	list medication, dos	e & reason for tak	ing):		
Allergies (List all drug, food, and oth	ner allergies? □ No □	Yes (If Yes, please	list with the type o	f reaction):		
Family History (List all familial disc	eases: diabetes, tuber	culosis, mental illne	ss, other:			
PA	RT III - PHYSI	CAL EXAM: **	*REQUIRE	D***		
ACE. SEV.	D/D.	WEIGHT	٦.	несит.		
		B/P: WEIGHT:				
		20/ □ without correction				
PHYSICAL EXAM	NORMAL	ABNORMAL		COMMENTS		
1. GENERAL APPEARANCE						
2. SKIN						
3. HEENT						
4. NECK						
5. LUNGS						
6. HEART						
7. ABDOMEN						
8. MUSCULOSKELATAL						
9. PSYCHIATRIC						
*Is this student able to participate in If No, what activities are to be eliminated?	all physical activity i	ncluding sports?	Yes □ No			
*HEALTH CARE PROVIDER SIG	NATURE REQUIRE	ED: (NP, PA, MD/DO	Date o	of Exam:		
Name & Title:	me & Title:Signature:					
Address:	dress:Phone:					

Additional Information Regarding your Health Requirements

New York State Mandatory Immunization Requirements

MMR (Measles, Mumps, and Rubella):

New York State PHL Section 2165 requires students attending post-secondary institutions who were born on or after January 1, 1957 and registered for 6 or more credit hours to demonstrate proof of immunity against measles, mumps, and rubella.

Proof of immunity for MMR consists of:

- Measles Must document two doses of live measles vaccine, OR a measles (rubeola) titer showing immunity.
- Mumps Must document one dose of live mumps vaccine, OR a mumps titer showing immunity.
- **Rubella** Must document one dose of live rubella vaccine, OR a rubella titer showing immunity.

Meningitis:

New York State PHL Section 2167 requires post-secondary institutions to distribute information about meningococcal disease and immunization to the students (or parents or guardians of students under the age of 18) accompanied by a response form. Acceptable documentation includes any of the following:

• A vaccine record indicating at least 1 dose of meningococcal ACWY; *OR*; 2 doses of Meningococcal B vaccine within 5 years of admission date.

OR:

• A signed Meningitis Response Form indicating that the student will not obtain immunization against meningococcal disease.

*If the student has not received meningococcal vaccine within 5 years of admission date, then he/she **must** submit the signed response form.

Tuberculosis Screening

Tuberculin skin test <u>OR</u> Quantiferon Gold-TB blood test. This is to determine previous exposure to tuberculosis. This test is required for high-risk students as defined by the Centers for Disease Control and Prevention. For more information, please refer to the CDC Web site at <u>www.cdc.gov</u>. Two doses of PPD Mantoux testing given at least one week apart is REQUIRED for the following curriculums: Nursing, Physical Therapist Assistant (PTA), and Health and Fitness Promotion (HEFI). Only one PPD test is REQUIRED for Early Childhood.

Recommended Immunizations

Hepatitis B

Series of three doses given prior to college entry is strongly suggested for all college students. It is REQUIRED that Nursing, PTA, HEFI, and Early Childhood students show proof of Hep B vaccines or sign a declination/waiver form.

Varicella Vaccine (chickenpox)

Must document two doses of varicella vaccine *OR* a varicella titer showing proof of immunity. Stated history or even documentation by a medical provider of a history of varicella will not be acceptable proof of immunity. *Note: Varicella is REQUIRED for Nursing, PTA, HEFI, and Early Childhood students.*

Tetanus, Diphtheria, and Pertussis

After primary series of tetanus, diphtheria and pertussis, one dose of Tetanus toxoid, reduced diphtheria, and acellur pertussis (Tdap) vaccine is recommended after age 11 and a subsequent Td booster every 10 years. *Note: Nursing, PTA, HEFI, and Early Childhood students are REQUIRED to have proof of Tdap vaccine after age 11 and a subsequent Td booster every 10 years*.

COVID-19

SUNY policy adopts the State of New York directive that public colleges and universities recommend that all students who intend to engage in-person at a SUNY campus or facility receive a COVID-19 vaccination. People are not considered fully vaccinated until 2 weeks after their second dose of the Pfizer-BioNTech or Moderna COVID-19 vaccine, or 2 weeks after a single-dose of Johnson & Johnson's Janssen COVID-19 vaccine.

Meningitis Information Sheet

The MenACWY vaccine is recommended for all U.S. teenagers and young adults up to age 21 years. Protection from the MenACWY vaccine is estimated to last about 3 to 5 years, so young adults who received the MenACWY vaccine before their 16th birthday should get a booster dose before entering college. The meningococcal B (MenB) vaccine protects against a fifth type of meningococcal disease, which accounts for about one-third of cases in the U.S. Young adults aged 16 through 23 years may choose to receive the MenB vaccine series.

What is meningococcal disease?

Meningococcal disease is caused by bacteria called *Neisseria meningitidis*. It can lead to serious blood infections. When the linings of the brain and spinal cord become inflamed, it is called meningitis. The disease strikes quickly and can have serious complications including death. Anyone can get meningococcal disease. Some people are at higher risk. This disease occurs more often in people who are:

- Infants younger than one year of age and teenagers or young adults
- Living in crowded settings like college dormitories or military barracks
- Traveling to areas outside of the United States, such as the "meningitis belt" in Africa
- Living with a damaged spleen or no spleen
- Being treated with Soliris® or who have complement component deficiency (an inherited immune disorder)
- Exposed during an outbreak

What are the symptoms?

Symptoms appear suddenly – usually 3 to 4 days after a person is infected. It can take up to 10 days to develop symptoms. Symptoms may include:

- Weakness and feeling very ill, sudden high fever, Eyes sensitive to light
- Headache and Stiff neck (meningitis)
- Nausea and vomiting
- Red-purple skin rash

How is meningococcal disease spread?

It spreads from person-to-person by coughing or coming into close or lengthy contact with someone who is sick or who carries the bacteria. Contact includes kissing, sharing drinks, or living together. Up to one in 10 people carry meningococcal bacteria in their nose or throat without getting sick.

Is there treatment? Early diagnosis of meningococcal disease is very important.

If it is caught early, meningococcal disease can be treated with antibiotics. But, sometimes the infection has caused too much damage for antibiotics to prevent death or serious long-term problems. Most people need to be cared for in a hospital due to serious, life-threatening infections.

What are the complications?

Ten to 15 percent of those who get meningococcal disease die. Among survivors, as many as one in five will have permanent disabilities. Complications include hearing loss, brain damage, kidney damage and limb amputations.

What should I do if I or someone I love is exposed?

If you are in close contact with a person with meningococcal disease, talk with your health care provider about the risk to you and your family. They can prescribe an antibiotic to prevent the disease.

What is the best way to prevent meningococcal disease?

The single best way to prevent this disease is to be vaccinated. Vaccines are available for people 6 weeks of age and older. Various vaccines offer protection against the five major strains of bacteria that cause meningococcal disease:

- All teenagers should receive two doses of vaccine against strains A, C, W and Y. The first dose is given at 11 to 12 years of age and the second dose (booster) at age 16. It is very important that teens receive the booster dose at age 16 in order to protect them through the years when they are at greatest risk of meningococcal disease. Talk to your health care provider today if your teen has not received two doses of vaccine against meningococcal A, C, W and Y.
- Teens and young adults can also be vaccinated against the "B" strain. Talk to your health care provider about whether they recommend vaccine against the "B" strain.
- Others who should receive the vaccine include: Infants, children and adults with certain medical conditions; People exposed during an outbreak; Travelers to the "meningitis belt" of Sub-Saharan Africa, and Military recruits.

Additional Information

- Travel and meningococcal disease http://wwwnc.cdc.gov/travel/diseases/meningococcal-disease
- Learn more about meningococcal disease (cdc.gov) http://www.cdc.gov/meningococcal/
- More information about vaccine-preventable diseases http://www.health.ny.gov/prevention/immunization/